



# APPROVED RABBIT PLANT GUIDE

## DIET DAILY NEEDS:

80%	fresh hay
10%	veggies/herbs
5%	food pellets
5%	flowers/fruit

It is always preferable to buy organic produce if possible. If collecting wild plants, make sure they are from a pesticide-free area. All approved plants should be washed or scrubbed before serving them to your rabbit. If you don't see a plant on this list, it's best to not chance giving it to your rabbit, as many plants can be poisonous!

## LEAFY PLANT GREENS

**Leafy Greens 1** (High in oxalic acid)  
(Only 1 out of these varieties should be given daily)  
Beet greens  
Mustard greens  
Radish tops  
Spinach  
Sprouts  
Swiss chard

## Leafy Greens 2

 (Low in oxalic acid)

Arugula  
Bok Choy  
Carrot tops  
Chicory  
Cucumber leaves  
Dandelion greens  
Endive (Escarole)  
Fennel (the leafy tops as well as the base)  
Frisee Lettuce  
Kale (all types)  
Mache  
Radicchio  
Raspberry leaves  
Red or green lettuce  
Romaine lettuce  
Spring greens  
Turnip greens  
Watercress  
Wheatgrass  
Yu choy

## NON-LEAFY VEGETABLE PLANTS

Bell peppers (any color)  
Broccoli (leaves and stems)  
Broccolini  
Brussel sprouts  
Cabbage (any type)  
Carrots (good if your rabbit needs to gain weight, otherwise sparingly)  
Celery  
Chinese pea pods (the flat kind without large peas)  
Kohlrabi  
Pumpkin (good if your rabbit needs to gain weight, otherwise sparingly)  
Summer squash  
Zucchini squash

## HERB PLANTS

Basil (any variety)  
Cilantro  
Coriander  
Dill leaves  
Lemon Balm  
Mint (any variety)  
Nettle (only dried)  
Oregano  
Parsley  
Rosemary  
Sage  
Tarragon  
Thyme

## FLOWERING PLANTS

Borage  
Caraway  
Chamomile  
Chervil  
Clover (limited)  
Comfrey  
Hibiscus  
Lady's Smock  
Lavender  
Lovage  
Nasturtiums  
Pansies  
Roses  
Salad Burnet

## FRUIT BEARING PLANTS

Apple (any variety, without stem, core or seeds)  
Apricot  
Banana (remove peel; small pieces)  
Berries (any type, uncooked)  
Cherries (any variety, without the pits)  
Currants  
Kiwi  
Papaya  
Pear  
Peach  
Pineapple (remove skin)  
Plum (without the pits)  
Mango  
Melons (any – can include peel and seeds)  
Nectarine  
Star Fruit

